

# LA COLAZIONE BREAKFAST

served from 08:00 to 11:30

## Ham & Cheese Omelette

Three-egg omelette with cooked ham and mozzarella, served with choice of bread

## English Breakfast

toasted ciabatta, two eggs, crispy bacon, cherry tomato & mushroom

### ✓ Granola

yoghurt, homemade muesli & berries

### ✓ Sweet French Toast

panfruttone topped with mascarpone & berries (Panfruttone it is the briosche-light bread laden with dried and candied fruits and topped with sugar crystals)

## French Toast

topped with crispy bacon, with 3 scrambled eggs & grilled tomato

### ✓ Toasted Ciabatta

topped with ricotta, grilled field mushrooms & roasted red peppers

## Toasted Bolognese

toasted ciabatta topped with bolognese sauce & two fried eggs

## Good Old Beans

smoked tomato & chorizo beans with fried egg & avocado served on ciabatta

### ✓ Scrambled Eggs with a Difference

scrambled eggs with caramelized onions, pan fried mushrooms & parmesan shavings on a toasted ciabatta

# La Cucina @ Cremalat

WE ALSO DO PRIVATE FUNCTIONS • CATERING •  
EVENTS • VENUE HIRE • CHEF'S TABLE

FOR MORE INFORMATION PLEASE CONTACT  
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cremalatcheese



@cremalatcheese

## PANINI

with a choice of: fresh bagels, ciabatta  
or health bread

## Parma Ham

Parma ham with artichokes, emmental & rocket

## Imported Salami

Italian salami with brie, fresh tomato & rocket

### ✓ Grilled Vegetables

Grilled vegetables with rocket & chunky cottage cheese

### ✓ Dolce latte Cremalat Gorgonzola

dolce latte Cremalat Gorgonzola with roasted peppers & onion marmalade

## Pastrami Beef

Pastrami beef with emmental, rocket & marinated sun dried tomatoes

## Open Tuna Sandwich

Fresh tuna in an open sandwich with sliced egg, avocado & crispy bacon

## Italian Hot Dog - Luganiga Sausage

grilled luganiga sausage, with mustard, caramelized onions & fresh tomato

## Smoked Salmon

Norwegian salmon with avocado, chunky cottage cheese & rocket

## I DOLCI

Indulge your sweet tooth

## Tiramisu Cremalat's way

Tiramisu with difference.... With a shot of espresso

## Apple Crumble

Served with a whipped fresh cream

## Scrumptious Lemon Meringue Pie

## Crème brûlée

## EXTRAS

## Rocket

Plain toast (per slice), avocado, olives,  
plain tomato, sun dried tomato, anchovies,  
mushrooms, onion marmalade

## Yoghurt

## Ciabatta, bagel

## Plain egg

## Bacon

## Soft cheese

## Medium cheese, pasta sauce

## French toast (per slice)

Scrambled eggs (3), hard cheese, chips,  
chicken, smoked salmon

## Salsiccia Luganiga

## Side salad

## Prawns

Vegetarian

Notes:

Please ask your waiter for the specials of the day • Please note that half portion of pasta is charged R 65 • Eggs and chicken are free range • We only use extra virgin olive oil

FIRST WE  
EAT. THEN  
WE DO  
EVERY-  
THING  
ELSE.

# LE INSALATE SALADS

## ✓ **La Cucina Salad**

lettuce, tomato, cucumber, berries, avocado, feta & toasted almonds with poppy seed honey dressing

## ✓ **Grilled halloumi cheese salad**

grilled vegetables with halloumi, rocket & toasted pine nuts

## **Chicken Salad**

lettuce, tomato, cucumber, berries, avocado, feta & toasted almonds with poppy seed honey dressing & grilled chicken strips

## ✓ **Caprese Salad**

Fior di latte mozzarella ball, tomato, avocado & pesto dressing on a bed of lettuce

## **Salmon Salad**

smoked salmon, chunky cottage cheese, tomato, avocado, onion & caper berries

## **Parma Ham Salad**

slices of Parma ham, artichokes, avocado, baby mozzarella balls, pine nuts, tomato & lettuce

# IL PESCE FISH DISHES

## **Calamari Margaret's Way**

tender deep fried falkland served with tzatziki & zucchini tempura

## **Fish and Chips**

deep fried hake in a beer batter with crispy chips

# LA PASTA

with your choice of: gnocchi, fettuccini, penne, or spaghetti...gluten free pasta available at an extra R 20.00

## ✓ **Pesto**

basil, extra virgin olive oil, pine nuts, garlic & parmesan cheese (cream optional)

## ✓ **Arrabbiata**

fresh tomato prepared with red chillies & extra virgin olive oil

## **Bolognese (Ragu)**

seasoned ground beef with tomatoes & herbs etc

## **Carciofi**

bacon & artichokes with a creamy tomato sauce

## ✓ **Formaggi - 4 Cheeses**

Cremalat Dolce Latte gorgonzola, parmesan, montasio & pecorino

## **Salmon Penne**

Norwegian salmon in a creamy sauce

## **Chicken Liver Pappardelle**

Tender Chicken livers with a touch of chilli in a creamy tomato sauce

## **Mediterranean**

sun dried olives, cherry tomatoes, anchovies, capers & garlic

## **Cocco**

prawns, bacon & peas in cream sauce

## **Vongole**

baby clams, white wine, garlic & parsley (best with spaghetti)

## **Seafood Marinara**

with prawns, vongole & calamari in a white wine & parsley sauce with a touch of chilli

## **Lamb Ragu**

lamb ragu with pappardelle & topped with creamy ricotta cheese

# LA CARNE MEAT DISHES

## **Healthy & Light Option**

A tender grilled chicken breast served with guacamole salad

## **Lamb Special**

open roast lamb sandwich with tzatziki & zucchini tempura

## **Rib Eye @ R 105.00**

steak sandwich, fresh tomato, caramelized onion & mayonnaise

## **Cotoletta di Pollo - Chicken Schnitzel**

A tender grilled chicken cotoletta with peperonata & chips

## **Il Coniglio - Rabbit**

Stewed Coniglio with grilled polenta and a rosemary & sage white wine sauce

## **Our Gourmet Pure Beef Burger**

Served with chips or side salad, tomato, onion marmalade with rocket & your choice between cheddar/mozzarella/gorgonzola cheese

# LE SPECIALITÀ FROM CREMALAT DELI

## **Salumi & Formaggi - Cold meat and cheeses**

A daily selection of imported and local cheeses combined with a great selection of imported and local cold meat with olives and fresh ciabatta  
R 140 per person – R 399 per 3 person

## ✓ **Crumbed Camembert**

deep fried camembert on top of a tomato & rocket salad

## **Mozzarella Fior di Latte and Parma ham**

A fresh mozzarella fior di latte ball with sliced Parma Ham

Vegetarian

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